

## **Sample Sailor Profile | Evaluation | Goals**

Name: Chase Decker

Disciplines: Sabot, CFJ, C420

Positions: Skipper

Height: 5'4

Weight: 105

DOB: April 2nd, 2006

Birth Place: Newport Beach

Hometown: Newport Beach

School: Harbor Day School

Team/Clubs: BCYC/LIYC/NB4T

Coaches: Aubrey Mayer, Christophe Killian, Mark Gaudio

### **Regattas**

- Sabot II North Championship | 1st place | 2018
- Sabot II Championship | 1st place | 2018
- SCYA Midwinter Championship | 1st place | 2020
- Balboa Bay Fleet Championship | 1st place | 2019
- Sabot Nationals | 5th place | 2019
- Summer Gold Cup | 1st place | 2019
- North Series #3 | 2nd place | 2020

### **Strengths**

- Boat speed and tacks | Sabot
- Upwind strategy
- Downwind boatspeed | Sabot
- Leeward roundings and gate choice
- Strong final upwinds, usually catch a few extra boats

### **Weaknesses**

- Starting, specifically pin starting
  - Create more room between me and the pin
  - Start accelerating earlier so I don't get rolled
- Rounding and separating at a windward mark
  - Being more decisive with the top 3rd of my downwind.
  - Round free and clear to be able to make decisions.
- Communication in double handed boats
  - Call out shifts

- More communication on tacking
- Flatter boat
  - Play main more
  - Hike harder
- Excellerations on the starting line
  - Create a bigger hole for myself
  - Start excellerating earlier on the line
- First half of downwind
  - Be more decisive on whether to go the highroad or low road
  - Separate from other boats
- Flying the kite through the gibes
  - Get better at finding a good angle to come out of the gibes
  - Trim the kite harder
- Reach sets
  - Get the highroad
  - Bare away harder to be able to set

### **Goals**

- Win Naples Sabot Nationals
  - I need to make my starts the best they can be, no more getting flushed out the back.
  - Get some consistency at the top of the pack.
- Make Gold at all travel 420 regattas this summer
  - Get better at more populated start lines
  - Better excellerations off the line
  - Flatter boat

### **Long Term**

- Win High School Nationals
- Win High School Team Race Nationals
- Top 5 at C420 Triple Crown